



# STUDENT NUTRITION PROGRAM

## ELEMENTARY MENU 3RD THRU 5TH GRADE

# APRIL 2010



April 5, 2010	April 6, 2010	April 7, 2010	April 8, 2010	April 9, 2010
<p><b>Breakfast</b> Cereal &amp; String Cheese</p> <p><b>Choice of Lunch Entrée</b> <b>BEANS 'N CHILI</b> Whole Wheat Tortilla Green Salad or Fresh Fruit</p> <p><b>CHEESEBURGER on WW Bun</b> Lettuce/Tomato/Pickle Oven Baked Fries</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Peanut Butter Crackers &amp; Fruit</p>	<p><b>Breakfast</b> Peanut Butter &amp; Jelly Uncrustable</p> <p><b>Choice of Lunch Entrée</b> <b>TURKEY &amp; GRAVY</b> <b>OVER BED OF RICE</b> Seasoned Corn</p> <p><b>SOFT BEAN TACOS</b> &amp; Warm Whole Wheat Tortilla Pinto Beans or Green Salad</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Yogurt Cup &amp; Carrot Sticks</p>	<p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Choice of Lunch Entrée</b> <b>MACARONI &amp; CHEESE</b> Green Beans Homemade WW Roll</p> <p><b>SLICED TURKEY &amp; PROVOLONE HOAGIE SANDWICH</b> Oven Baked Fries or Garden Salad Lettuce &amp; Tomato</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Cheese Stk. &amp; Fig Newtons</p>	<p><b>Breakfast</b> Cinnamon Glazed French Taost</p> <p><b>Choice of Lunch Entrée</b> <b>HOMESTYLE CRISP TACOS</b> Pinto Beans Green Salad (Optional)</p> <p><b>HOMESTYLE LASAGNA</b> Garden Salad Homemade Bread Sticks</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Celery Sticks and Cup</p>	<p><b>Breakfast</b> Goldfish &amp; Yogurt</p> <p><b>Choice of Lunch Entrée</b> <b>HOMEMADE CHEESE &amp; PEPPERONI PIZZA</b></p> <p><b>HOT MEATBALL SANDWICHES</b> Garden Salad</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Cold Pizza &amp; Veggie Sticks</p>
April 12, 2010	April 13, 2010	April 14, 2010	April 15, 2010	April 16, 2010
<p><b>Breakfast</b> Cereal &amp; Cheese Stick</p> <p><b>Choice of Lunch Entrée</b> <b>HOMEMADE VEGETABLE SOUP</b> <b>TURKEY HAM SANDWICH</b> Lettuce, Tomato &amp; Pickle Chilled Fruit or Salad</p> <p><b>RED CHILI BEEF ENCHILADAS</b> Pinto Beans &amp; Salad Homemade WW Bread</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Pretzels &amp; Veggie Sticks</p>	<p><b>Breakfast</b> Peanut Butter &amp; Honey Uncrustable</p> <p><b>Choice of Lunch Entrée</b> <b>GREEN CHILI CHEESEBURGER</b> Oven Roasted Potato Wedges Green Salad</p> <p><b>TURKEY 'N GRAVY</b> Over Noodles Mixed Vegetables Homemade WW Roll</p> <p><b>Other Lunch Choices:</b> Peaches - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p>Peanut Butter Crackers &amp; Fresh Veggie Slices</p>	<p><b>Breakfast</b> Breakfast Wrap</p> <p><b>Choice of Lunch Entrée</b> <b>PAGHETTI &amp; MEAT BALLS (SAUCE)</b> Green Beans - Green Salad</p> <p><b>TURKEY SUBMARINE SANDWICH</b> On WW Bun Oven Roasted Potato Wedges Lettuce &amp; Tomato</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Turkey Sandwich &amp; Raisins</p>	<p><b>Breakfast</b> Cereal &amp; Grammy Bears</p> <p><b>Choice of Lunch Entrée</b> <b>CHICKEN FAJITAS</b> Spanish Rice Green Salad or Juice</p> <p><b>BEEF BURRITO</b> Spanish Rice Green Salad or Juice Pasta Salad or Green Salad</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Apple &amp; Cheese Wedge</p>	<p><b>Breakfast</b> Yogurt &amp; Muffin</p> <p><b>Choice of Lunch Entrée</b> <b>HOMEMADE CHEESE &amp; PEPPERONI PIZZA</b></p> <p><b>SUBMARINE SANDWICHES</b> Small Bag of Chips Salad or Juice</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Grammy Bears &amp; Cauliflower &amp; Ranch Dressing</p>
April 19, 2010	April 20, 2010	April 21, 2010	April 22, 2010	April 23, 2010
<p><b>Breakfast</b> Sausage Biscuit</p> <p><b>Choice of Lunch Entrée</b> <b>CRISP TACOS</b> Pinto Beans Lettuce and Tomato</p> <p><b>GRILLED CHEESE SANDWICH</b> Homemade Vegetable Beef Soup Green Salad or Fruit Slices</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Peanut Butter Crackers &amp; Fruit</p>	<p><b>Breakfast</b> Cereal &amp; Yogurt</p> <p><b>Choice of Lunch Entrée</b> <b>TURKEY 'N GRAVY</b> with Mashed Potatoes Seasoned Green Beans</p> <p><b>BEAN &amp; CHEESE BURRITO</b> Homemade Salsa Green Salad or Juice</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Yogurt Cup &amp; Carrot Sticks</p>	<p><b>Breakfast</b> Breakfast Tac-Go</p> <p><b>Choice of Lunch Entrée</b> <b>CORN CHIP PIE</b> Homemade Cornbread Lettuce &amp; Tomato Garnish</p> <p><b>HAM 'N CHEESE SANDWICH</b> Oven Baked Potatoes</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Cheese Stk. &amp; Fig Newtons</p>	<p><b>Breakfast</b> Peanut Butter &amp; Jelly Uncrustable</p> <p><b>Choice of Lunch Entrée</b> <b>RAVIOLI</b> Seasoned Corn Homemade Bread Sticks</p> <p><b>GREEN CHILI ENCHILADAS</b> Pinto Beans or Salad WW Roll</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Celery Sticks and Cup</p>	<p><b>Breakfast</b> Cereal &amp; Cheese Stick</p> <p><b>Choice of Lunch Entrée</b> <b>HOMEMADE CHEESE &amp; PEPPERONI PIZZA</b></p> <p><b>HOT MEATBALL SANDWICHES</b> Garden Salad</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Cold Pizza &amp; Veggie Sticks</p>
April 26, 2010	April 27, 2010	April 28, 2010	April 29, 2010	April 30, 2010
<p><b>Breakfast</b> Cereal &amp; String Cheese</p> <p><b>Choice of Lunch Entrée</b> <b>CHEESEBURGER on WW Bun</b> Lettuce/Tomato/Pickle Oven Baked Fries</p> <p><b>BEANS 'N CHILI</b> Whole Wheat Tortilla Green Salad or Fresh Fruit</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Honey Grahams &amp; Fresh Fruit</p>	<p><b>Breakfast</b> Peanut Butter &amp; Jelly Uncrustable</p> <p><b>Choice of Lunch Entrée</b> <b>SOFT BEAN TACOS</b> &amp; Warm Whole Wheat Tortilla Homemade Salsa</p> <p><b>TURKEY &amp; GRAVY</b> <b>OVER BED OF RICE</b> Seasoned Corn</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Bagel &amp; PB Cup &amp; Fruit</p>	<p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Choice of Lunch Entrée</b> <b>SLICED TURKEY &amp; PROVOLONE HOAGIE SANDWICH</b> Oven Baked Fries or Garden Salad Lettuce &amp; Tomato</p> <p><b>MACARONI &amp; CHEESE</b> Green Beans WW Roll</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Grammy Bears &amp; Carrots</p>	<p><b>Breakfast</b> Cinnamon Glazed French Taost</p> <p><b>Choice of Lunch Entrée</b> <b>HOMESTYLE LASAGNA</b> Garden Salad Homemade Bread Sticks</p> <p><b>HOMESTYLE CRISP TACOS</b> Pinto Beans Green Salad (Optional)</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Cheese Stick with Fruit</p>	<p><b>Breakfast</b> Muffin &amp; Yogurt</p> <p><b>Choice of Lunch Entrée</b> <b>HOMEMADE CHEESE &amp; PEPPERONI PIZZA</b></p> <p><b>SUBMARINE SANDWICHES</b> Small Bag of Chips Salad or Juice</p> <p><b>Other Lunch Choices:</b> Canned Fruit - Fresh Fruit Fresh Veggies - Homemade Bread Condiments - Sauces - LF Milk</p> <p><b>After School Program</b> Fruit Yogurt &amp; Veggie Sticks</p>