

Youth Resource List

SUBSTANCE ABUSE / MENTAL HEALTH / SUICIDE HELPLINE

NM Crisis Hotline- 1-855-NMCRISIS (1-855-662-7474)

If you prefer texting someone, the New Mexico Peer to Peer Warmline is now responding to text messages from 6p-11p every day. You can text 1-855-758-466-7100

Suicide Prevention Hotline: 1(800) 273-8255

It is available to anyone in suicidal crisis or emotional distress.

Desert Hills- (505) 715-6808

Adolescent Behavioral & Mental Health Facility (ages 4-18) - Residential Treatment, Outpatient Treatment, Day Treatment, Deaf & Hard of Hearing & Educational Services 5310 Sequoia Rd NW, Albuquerque, NM 87120

Taos Behavioral Health- (575) 758-4297

Taos Behavioral Health (TBH) provides comprehensive behavioral health services to individuals, families, and groups to support them in developing positive behaviors and making life-affirming choices. TBH is a nonprofit organization serving the mental health needs of adults, children, families, and veterans in Taos County.

Girls Circle- 12-18 years and Boys Council, weekly via Zoom. Referrals from school personnel, accepting referrals - contact Joanna Magee fep@youthheartline.org
Colleen - Nurturing Parenting Program for families with a member who has a substance abuse issues. 9 topics, Nurturing parenting for substance abuse. Online sessions. Facilitators working one on one with families. Feelings, self-esteem, setting boundaries. Families with children ages 0-11. Rolling admissions.

Butterfly Healing Center - 575-751-7688

Butterfly Healing Center (BHC) is a residential treatment center for Native American youth.

WARM LINE INFO -575-636-3636 or text the number.

Warm Line is a peer support help line for people living with emotional and mental health challenges. Calls are answered by specially trained volunteers who have lived experience with mental health challenges. They have a deep understanding of what you are going through and are

here to provide emotional support, comfort, and information. All calls are confidential. 10 AM to midnight.

Crisis text line- <https://www.crisistextline.org>

Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform.

QUIT TOBACCO/VAPING

Tobacco cessation helpline – 1 800 QUIT NOW (1-800-784-8669)

“Our cessation services make it easier to make the commitment to quit smoking.”

COUNSELING /MENTORING

Golden Willow Retreat- (575) 425-3274 <https://goldenwillowcounseling.com>

Golden Willow is a client oriented mental health counseling center in which counseling is offered to help those in their times of needed emotional support.

Big Brothers Big Sisters Mountain Region- (575) 779-0003, info@bbbsmountainregion.org

A Free one-to-one mentoring service for youth ages 5-18yrs

CHILD HELP- 1-800-4-A-CHILD (1-800-422-4453)

<https://www.childhelp.org/resources-kids/>

The hotline counselors work with translators who speak more than 200 languages to help callers who speak a language other than English. All calls are anonymous. (The hotline counselors don't know who you are, and you don't have to tell them.)

La Pinon-1 (575) 636-3636, <https://www.lapinon.org/kidtalk/>

KidTalk offers children someone to talk to and provides a safe place for a child to reach out where someone will listen and offer non-judgmental unconditional support. This service empowers and provides resources for children to take control of their circumstances and have a role in overcoming their concerns.

Teen peer text/call line: <https://teenlineonline.org/>

Do you need help working something out? Do you want to talk to someone who understands, like another teen? We're here to help!

Project Amp Peer to Peer mentoring (At specific schools)- jhook@c4innovates.com

Project Amp pairs youth with young adults in recovery for brief mentorship that enhances resiliency and prevents alcohol and other drug use. Using a Screening, Brief Intervention, and Referral to Treatment (SBIRT) framework, it is a novel approach because it is delivered by young adult peers—also known as mentors—with personal experience of substance use and recovery.

EMERGENCY HOUSING

DreamTree Youth Shelter (Youth 12-24yrs) (575) 758-9595

DreamTree Project offers emergency teen shelter, a transitional home, and resources for youth throughout northern New Mexico, including Colfax, Mora, Rio Arriba, Taos and Union counties.

Florence Meira (Housing)- 1-575-737-6103

A local social Worker who works with the community for housing solutions.

FOOD ASSISTANCE

St. James Food Pantry- Food distribution 12:30 to 3:45, every Thurs. St. James Episcopal Church.

The Shared Table-Food commodity (575) 758-3166

El Pueblito Methodist Church 1309 Paseo De Pueblo Norte Taos NM 87571 2nd & 4th
Wednesdays: 11am-12pm, Presbyterian Church in Ranchos 2-3:00pm

CLOTHING/HOUSEHOLD ASSISTANCE

The Giving Tree-505-980-3387

The Giving Tree is a community service, organized by volunteers, that is designed to accept and distribute clothing & other useful household items and food to the Taos Community and surrounding areas for free. Wed- Friday 12:30-2:30 p.m. for clothing
Last Wed of month for food pantry 12-3:30

BIRTH CERTIFICATES & SOCIAL SECURITY CARDS

Vital Records (birth certificates)

(505) 827-0121

1105 St Francis Drive Santa Fe NM 87502

Social Security Administration (SS card)

(866) 571-8130

1922 5th St Santa Fe NM 87505

- Get application online www.ssa.gov

HEALTH

El Centro Taos: (575) 758-3601

Family Health has a network of family health clinics offering medical and behavioral health services, dental services, and school-based health centers serving patients throughout Espanola, Springer, Roy, Embudo, Dixon, Penasco, Taos, Coyote, and the greater Southwestern United States.

DOMESTIC VIOLENCE

CAV- 575-758-9888

CAV is the only non-profit agency in Taos County exclusively addressing the needs of victims of domestic/sexual violence.

NM Child Abuse / Neglect Hotline-1-855-333-7233

Every person who knows or has reasonable suspicion that a child is being abused or neglected in New Mexico.

National Teen Dating Abuse Help-1-866-331-9474

The National Dating Abuse Helpline is the direct service provider operating the 24/7 text, phone, and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24 hours a day, seven days a week about anything ranging from questions about healthy dating to raising red flags about relationships.

YOUTH & FAMILY SERVICES/ PREGNANCY & PARENT

TAOS FAMILIES OF YOUNG CHILDREN CAN USE TAOS

FAMILIES.COM TO CONNECT WITH PASO SERVICES

CHILD FIND 3 TO 21 YEARS OF AGE REFERRAL TO SCREEN FOR SPECIAL EDUCATION SERVICES

Youth Heartline list- (575) 758-0106

<https://www.youthheartline.org>

Youth Heartline was incorporated in 1991 in Taos, NM to advocate for abused and neglected children in foster care.

The Tribe- <https://support.therapytribe.com/teen-support-group/>

Peer to Peer support group for teens with mental health challenges and or difficult family dynamics.

Taos First Steps- (575) 751-5764

Home Visiting Services

New Life Pregnancy Center

(575) 758-2899

DENTAL

Dentistry for Kids

(505) 473-5437

2904 Rodeo Park Drive, Santa Fe, NM 87505

CAREER/JOBS

Taos Alive yes, Youth Empowerment Services- miles@taosalive.org

This program connects youth with opportunities in the community to work and get involved with the Taos county.

Rocky Mountain Youth Corps- (575) 751-1420

Upper Rio Grande Conservation Program

The RMYC Upper Rio Grande (URG) Program offers paid community service opportunities in a variety of conservation-based projects working in partnership with federal, state, tribal and local land management agencies. Projects may include a combination of trails construction, erosion control, invasive species control, forest restoration, and fire prevention activities. Throughout their service at RMYC, Corps members receive on-the-job trainings and other personal and professional development opportunities. Crews work on a 'spike' schedule – working and camping 8 consecutive days in the field followed by 6 days off; alternatively, crews work on a daily schedule Monday through Friday and return home at the end of the day.

Canine Assisted Leadership Crew

In 2018, RMYC initiated the Canine Assisted Leadership Crew to provide paid work experiences for youth ages 15-22 whom have barriers to employment, such as disability or health conditions, themselves. The Canine-Assisted Leadership Crew members and their service dog they are training will also be Camp Counselors at Camp L.E.A.D., a leadership, empowerment, and abuse prevention day camp in Taos for younger children with disabilities.

TUTORING/SCHOOL

Taos School websites-<http://www.taoschools.org>

Behavioral health/Inspire-(6 and up) 575-758-4297

Provides adolescent programming and behavioral health

Embudo valley tutoring association- <https://embudovalleytutoring.com/>

The Embudo Valley Tutoring Association (EVTA) was incorporated, as Embudo Valley Tutoring (EVTA), in 2004 as a 501(C)(3) non-profit organization to support Dixon Elementary, and strengthen the educational opportunities for children in the rural area surrounding the Rio Grande of Rio Arriba County in northern New Mexico.

POLICE AGENCIES

Town police (575) 758-2216

Wentz, John

Police Chief

575-758-4656

Sanchez, Henry

Patrol Officer

575-758-4656

Quintana, Antonio

Police Officer

575-758-4656

State police- (575) 758-8878

Sheriff's office- (575)-737-6480

MISC

List of many additional resources: <https://pulltogether.org/contact-us/community-hotlines>